

Policy: Physical Examination for Participation in Sports
File Code: JHCA

INTERSCHOLASTIC SPORTS: Grades 6 through 12

Students who participate in interscholastic sports are required to have a physical examination by a licensed doctor of medicine (MD), doctor of osteopathy (D.O.), or his/her designee (i.e., nurse practitioner) every two years. Documentation of the physical exam must be given to the coach or the school nurse prior to the start of any practices and will be filed as part of the student health record. In addition, the student and parent or guardian shall complete and sign the health questionnaire before the start of each sport.

INTRAMURAL SPORTS ACTIVITIES: Grades 6 through 12

Students who participate in intramural sport activities are required to have a physical examination by a licensed doctor of medicine (MD), doctor of osteopathy (D.O.), or his/her designee (i.e., nurse practitioner) every two years. Documentation of the physical exam must be given to the coach or school nurse prior to the start of any practice or games and will be filed as a part of the student health records. In addition, the student and parent or guardian shall complete and sign the health questionnaire at the beginning of each academic year.

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Chittenden Central Supervisory Union