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Pathfinder for Cardiovascular topics

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Your Chosen Topic _____

Keywords to try: (Hint: consider things you need to know, broader topics, and subtopics related to your topic.):

Heart; Cardiovascular System; Exercise; Heart Diseases; Disorders; Diet; Nutrition; Facts; Physical Fitness; Circulatory System; Diseases

Print Resources In the Library

Reference Books: Start here first! This is where you will find basics & thorough information to get you started. Save time and use the indexes.

• Encyclopedia of Family Health	Ref 610 Enc
• Magill's Medical Guide (available online also)	REF 610.3 Mag
• The Gale Encyclopedia of Nursing & Allied Health	Ref 610.7 Gal
• Human Body on File	Ref 611 Hum
• Body By Design	Ref 612 Nag
• Encyclopedia of the Heart and Heart Disease	Ref 612.1 Rom
• Healthy Living	Ref 613 Lev
• Encyclopedia of Sports Science	Ref 613.71 Enc
• Congenital Disorders Sourcebook	Ref 616 Con
• Gale Encyclopedia of Genetic Disorders	Ref 616 Gal
• Diseases and Disabilities caused by Weight Problems	Ref 616.3 Obe

Non-Fiction Books: Use [Destiny](#) to find circulating books, videos, and and EAT tags (electronic access tags; explained under web resources). Try your topic under both subject and keyword. No results? Try a broader topic.

- Browse the shelves in the: 612.1; 613.7; 616.1

Look in the Tufts University Health & Nutrition Newsletters in the periodical room.
Also Consumer Reports onHealth

Electronic Resources

Subscribed Online Databases: (Access them at school or at home from the library web page.)

• You will need "User ID" And "Password" for each of the following databases. Contact your teacher or the library.

• Magill's Medical Guide (Salem Health)

<http://health.salempress.com/>

• Encyclopedia Americana Online & Grolier Multimedia

<http://go.grolier.com/>

• Vermont Online Library: A collection of many resources. Here you will find links to many useful sites. Choose Health and Wellness Resource Center

http://infotrac.galegroup.com/itweb/vol_e7hs

Internet Sites:

- EAT Tags – In [Destiny](#), look for the subject heading “Webpath Express” Clicking will take you to great web sites.
- American Heart Association
<http://www.americanheart.org/>
- Medline Plus – Click on Health Topics to get the Encyclopedia
<http://www.nlm.nih.gov/medlineplus/>
- Healthtouch. Up-to-date health information with links to more sites.
<http://www.healthtouch.com/>
- Mayo Health Clinic
<http://www.mayohealth.org/>
- WebMD
<http://www.webmd.com/>
- HealthWeb Go to Subjects.
<http://healthweb.org/>
- CardioVision 2020
<http://CardioVision2020.org/>
- Google – Click Web Directory, Click on Health, then on Conditions & Diseases or Fitness.
<http://www.google.com/dirhp>
- Intellihealth: Harvard Medical School
<http://www.intelihealth.com/>