

## ***CCSU K-12 Power Standards Health Education***

### **Health Power Standard #1: Concepts and Skills**

Students know concepts and practice skills related to health promotion and disease control and prevention. *(Aligns with Vermont Standards 3.4, 3.5, 3.6)*

### **Health Power Standard #2: Accessing Information**

Students know how to access accurate health information. *(Aligns with Vermont Standard 3.5)*

### **Health Power Standard #3: Recognizing Influences**

Students recognize the influence of culture, media, technology, and other factors on health. *(Aligns with Vermont Standards 3.5, 5.14)*

### **Health Power Standard #4: Communicating Effectively**

Students communicate effectively to enhance health-promoting habits and respectful interactions. *(Aligns with Vermont Standards 1.15, 3.3, 3.4, 3.5)*

### **Health Power Standard #5: Goal Setting and Decision Making**

Students use goal setting and decision making skills to enhance health. *(Aligns with Vermont Standards 3.1, 3.5, 3.6, 3.7)*