



Hiawatha, Summit and Fleming Schools Feb 6-Feb 10, 2012

Monday 2/6	Tuesday 2/7	Wednesday 2/8	Thursday 2/9	Friday 2/10
<p>Chicken Pattie On a Bun Fresh Lettuce and Sliced Tomato ---</p> <p>Ham and Cheese Sandwich Toppings include: Leaf Lettuce, Sliced Tomato, American Cheese and Pickle ---</p> <p>Stonyfield Yogurt Meal ---</p> <p>Grab and Go Salad Garden or Chef Salad</p> <p>Additional Offerings- Baked Potato Puffs, Steamed Green Beans and Mixed Fruit Cup</p> <p>Daily Fruits and Veggies to include- Fresh Baby Carrots Celery Sticks Cucumber Spears Broccoli Florets Green Pepper Slices Apple, Orange or Kiwi</p> <p>Assorted Ice Cold Juice Skim Milk or Chocolate Milk Bottled Water</p>	<p>Bagel Meal Sausage, Ham Pattie, or Cream Cheese ---</p> <p>Cheese Sandwich Toppings include: Leaf Lettuce, Sliced Tomato, American Cheese and Pickle ---</p> <p>Stonyfield Yogurt Meal ---</p> <p>Grab and Go Salad Garden or Chef Salad</p> <p>Additional Offerings- Pear Slices in Natural Juice</p> <p>Daily Fruits and Veggies to include- Fresh Baby Carrots Celery Sticks Cucumber Spears Broccoli Florets Green Pepper Slices Apple, Orange or Kiwi</p> <p>Assorted Ice Cold Juice Skim Milk or Chocolate Milk Bottled Water</p>	<p>Beef Taco Shredded Lettuce, Diced Tomato, Shredded Cheese and Salsa ---</p> <p>Turkey Sandwich Toppings include: Leaf Lettuce, Sliced Tomato, American Cheese and Pickle ---</p> <p>Stonyfield Yogurt Meal ---</p> <p>Grab and Go Salad Garden or Chef Salad</p> <p>Additional Offerings- Mexican Rice, Steamed Sweet Corn and Apple Sauce</p> <p>Daily Fruits and Veggies to include- Fresh Baby Carrots Celery Sticks Cucumber Spears Broccoli Florets Green Pepper Slices Apple, Orange or Kiwi</p> <p>Assorted Ice Cold Juice Skim Milk or Chocolate Milk Bottled Water</p>	<p>Spaghetti Homemade Meat or Marinara Sauce ---</p> <p>Egg Salad Sandwich Toppings include: Leaf Lettuce, Sliced Tomato, American Cheese and Pickle ---</p> <p>Stonyfield Yogurt Meal ---</p> <p>Grab and Go Salad Garden or Chef Salad</p> <p>Additional Offerings- Garlic Bread, Tossed Caesar Salad and Sliced Cling Peaches</p> <p>Daily Fruits and Veggies to include- Fresh Baby Carrots Celery Sticks Cucumber Spears Broccoli Florets Green Pepper Slices Apple, Orange or Kiwi</p> <p>Assorted Ice Cold Juice Skim Milk or Chocolate Milk Bottled Water</p>	<p>Pizza Day Pepperoni, Cheese or Fresh Veggie Pizza ---</p> <p>Tuna Salad Sandwich Toppings include: Leaf Lettuce, Sliced Tomato, American Cheese and Pickle ---</p> <p>Stonyfield Yogurt Meal ---</p> <p>Grab and Go Salad Garden or Chef Salad</p> <p>Additional Offerings- Tossed Green Leaf Garden Salad and Choice of Dressing</p> <p>Daily Fruits and Veggies to include- Fresh Baby Carrots Celery Sticks Cucumber Spears Broccoli Florets Green Pepper Slices Apple, Orange or Kiwi</p> <p>Assorted Ice Cold Juice Skim Milk or Chocolate Milk Bottled Water</p>

CCSU FOOD SERVICE MAKES IT EASY AND DELICIOUS TO MAKE HEALTHY CHOICES! START YOUR DAY OUT RIGHT, EAT BREAKFAST. BREAKFAST IS SERVED DAILY.

Did you know? Only about 10 percent of the fossil fuel energy used in the world's food system is used in production; the other 90 percent goes into packaging, transporting and marketing. Buying local food is good for our local economy and our environment.