



Hiawatha, Summit and Fleming Schools Feb 13-Feb 17, 2012

Monday 2/13	Tuesday 2/14	Wednesday 2/15	Thursday 2/16	Friday 2/17
<p>Baked Chicken Nuggets With Dipping Sauces: BBQ Sauce and Sweet Clover Honey ---</p> <p>Ham and Cheese Sandwich Toppings include: Leaf Lettuce, Sliced Tomato, American Cheese and Pickle ---</p> <p>Stonyfield Yogurt Meal ---</p> <p>Grab and Go Salad Garden or Chef Salad</p> <p>Additional Offerings- Rice Pilaf, Steamed Sliced Carrots, Mixed Fruit Cup White and Whole Wheat Dinner Roll</p> <p>Daily Fruits and Veggies to include- Fresh Baby Carrots Celery Sticks Cucumber Spears Broccoli Florets Green Pepper Slices Apple, Orange or Kiwi</p> <p>Assorted Ice Cold Juice Skim Milk or Chocolate Milk Bottled Water</p>	<p>Brunch Waffle Sticks W/ Syrup Sausage or Ham Pattie ---</p> <p>Cheese Sandwich Toppings include: Leaf Lettuce, Sliced Tomato, and Pickle ---</p> <p>Stonyfield Yogurt Meal ---</p> <p>Grab and Go Salad Garden or Chef Salad</p> <p>Additional Offerings- Apple Sauce</p> <p>Daily Fruits and Veggies to include- Fresh Baby Carrots Celery Sticks Cucumber Spears Broccoli Florets Green Pepper Slices Apple, Orange or Kiwi</p> <p>Assorted Ice Cold Juice Skim Milk or Chocolate Milk Bottled Water</p>	<p>Chicken Fajita Shredded Cheese and Salsa ---</p> <p>Turkey Sandwich Toppings include: Leaf Lettuce, Sliced Tomato, American Cheese and Pickle ---</p> <p>Stonyfield Yogurt Meal ---</p> <p>Grab and Go Salad Garden or Chef Salad</p> <p>Additional Offerings- Mexican Rice , Peppers and Onions and Pineapple Chunks</p> <p>Daily Fruits and Veggies to include- Fresh Baby Carrots Celery Sticks Cucumber Spears Broccoli Florets Green Pepper Slices Apple, Orange or Kiwi</p> <p>Assorted Ice Cold Juice Skim Milk or Chocolate Milk Bottled Water</p>	<p>Roasted Barbeque Chicken ---</p> <p>Egg Salad Sandwich Toppings include: Leaf Lettuce, Sliced Tomato, American Cheese and Pickle ---</p> <p>Stonyfield Yogurt Meal ---</p> <p>Grab and Go Salad Garden or Chef Salad</p> <p>Additional Offerings- Baked French Fries, Homemade Coleslaw and Sliced Cling Peaches</p> <p>Daily Fruits and Veggies to include- Fresh Baby Carrots Celery Sticks Cucumber Spears Broccoli Florets Green Pepper Slices Apple, Orange or Kiwi</p> <p>Assorted Ice Cold Juice Skim Milk or Chocolate Milk Bottled Water</p>	<p>Pizza Day Pepperoni, Cheese or Fresh Veggie Pizza ---</p> <p>Tuna Salad Sandwich Toppings include: Leaf Lettuce, Sliced Tomato, American Cheese and Pickle ---</p> <p>Stonyfield Yogurt Meal ---</p> <p>Grab and Go Salad Garden or Chef Salad</p> <p>Additional Offerings- Tossed Green Leaf Garden Salad and Choice of Dressing</p> <p>Daily Fruits and Veggies to include- Fresh Baby Carrots Celery Sticks Cucumber Spears Broccoli Florets Green Pepper Slices Apple, Orange or Kiwi</p> <p>Assorted Ice Cold Juice Skim Milk or Chocolate Milk Bottled Water</p>

CCSU FOOD SERVICE MAKES IT EASY AND DELICIOUS TO MAKE HEALTHY CHOICES, START YOUR DAY OUT RIGHT, EAT BREAKFAST. BREAKFAST IS SERVED DAILY.

Did you know? To reduce a child's chances of getting mercury poisoning do not serve them shark, swordfish, king mackerel or tilefish, which are the primary seafood known for containing mercury.