

# Albert D Lawton School February 6-February 10, 2012

Monday 2/6	Tuesday 2/7	Wednesday 2/8	Thursday 2/9	Friday 2/10
<p><b>Chicken Pattie</b> On a Bun Fresh Lettuce and Sliced Tomato ---</p> <p><b>Ham and Cheese Sandwich</b> Toppings include: Leaf Lettuce, Sliced Tomato and Pickle ---</p> <p><b>Turkey Wrap</b> Sliced Turkey, Leaf Lettuce, Sliced Tomato, Pickles and Mayonnaise ---</p> <p><b>Grab and Go Salad</b> Garden or Chef Salad ---</p> <p><b>Stonyfield Yogurt Meal</b> ---</p> <p><b>Additional Offerings-</b> Baked Potato Puffs, Steamed Green Beans and Mixed Fruit Cup</p> <p><b>Daily Fruit and Veggies to Include-</b> Fresh Baby Carrots, Celery Sticks, Cucumber Spears Broccoli Florets Green Pepper Slices Apple, Orange Kiwi or Mixed Fruit Cup</p> <p>Assorted Ice Cold Juice Skim Milk or Chocolate Milk Bottled Water</p>	<p><b>Bagel Meal</b> Sausage, Ham Pattie, or Cream Cheese ---</p> <p><b>Cheese Sandwich</b> Toppings include: Leaf Lettuce, Sliced Tomato and Pickle ---</p> <p><b>Chicken Caesar Wrap</b> Chicken, Romaine Lettuce, Provolone Cheese and Caesar Dressing ---</p> <p><b>Grab and Go Salad</b> Garden or Chef Salad ---</p> <p><b>Stonyfield Yogurt</b> ---</p> <p><b>Additional Offerings-</b> Pear Slices in Natural Juice</p> <p><b>Daily Fruit and Veggies to Include-</b> Fresh Baby Carrots Celery Sticks Cucumber Spears Broccoli Florets Green Pepper Slices Apple, Orange Kiwi or Apple Sauce</p> <p>Assorted Ice Cold Juice Skim Milk or Chocolate Milk Bottled Water</p>	<p><b>Beef Taco</b> Shredded Lettuce, Diced Tomato, Shredded Cheese and Salsa ---</p> <p><b>Turkey Sandwich</b> Toppings include: Leaf Lettuce, Sliced Tomato and Pickle ---</p> <p><b>Chicken Salad Wrap</b> Chicken Salad, Lettuce and Tomato ---</p> <p><b>Grab and Go Salad</b> Garden or Chef Salad ---</p> <p><b>Stonyfield Yogurt</b> ---</p> <p><b>Additional Offerings-</b> Mexican Rice , Steamed Sweet Corn and Apple Sauce</p> <p><b>Daily Fruit and Veggies to Include-</b> Fresh Baby Carrots Celery Sticks Cucumber Spears Broccoli Florets Green Pepper Slices Apple, Orange Kiwi or Pear Slices in Natural Juice</p> <p>Assorted Ice Cold Juice Skim Milk or Chocolate Milk Bottled Water</p>	<p><b>Spaghetti</b> Homemade Meat or Marinara Sauce ---</p> <p><b>Egg Salad Sandwich</b> Toppings include: Leaf Lettuce, Sliced Tomato and Pickle ---</p> <p><b>Barbeque Chicken Wrap</b> Barbeque Chicken, Lettuce, Onion and Cheddar Cheese ---</p> <p><b>Grab and Go Salad</b> Garden or Chef Salad ---</p> <p><b>Stonyfield Yogurt</b> ---</p> <p><b>Additional Offerings-</b> Garlic Bread, Tossed Caesar Salad and Sliced Cling Peaches</p> <p><b>Daily Fruit and Veggies to Include-</b> Fresh Baby Carrots Celery Sticks Cucumber Spears Broccoli Florets Green Pepper Slices Apple, Orange Kiwi or Pineapple Chunks</p> <p>Assorted Ice Cold Juice Skim Milk or Chocolate Milk Bottled Water</p>	<p><b>Pizza Day</b> Pepperoni, Cheese or Fresh Veggie Pizza ---</p> <p><b>Tuna Salad Sandwich</b> Toppings include: Leaf Lettuce, Sliced Tomato and Pickle ---</p> <p><b>Chicken Fajita Wrap</b> Fajita Chicken, Cheddar Cheese, Salsa, Sour Cream, Lettuce, Onions and Peppers ---</p> <p><b>Grab and Go Salad</b> Garden or Chef Salad ---</p> <p><b>Stonyfield Yogurt</b> ---</p> <p><b>Additional Offerings-</b> Tossed Green Leaf Garden Salad and Choice of Dressing</p> <p><b>Daily Fruit and Veggies to Include-</b> Fresh Baby Carrots Celery Sticks Cucumber Spears Broccoli Florets Green Pepper Slices Apple, Orange or Kiwi</p> <p>Assorted Ice Cold Juice Skim Milk or Chocolate Milk Bottled Water</p>

**CCSU FOOD SERVICE MAKES IT EASY AND DELICIOUS TO MAKE HEALTHY CHOICES! START YOUR DAY OUT RIGHT, EAT BREAKFAST. BREAKFAST IS SERVED DAILY.**

**Did you know?** To reduce a child's chances of getting mercury poisoning do not serve them shark, swordfish, king mackerel or tilefish, which are the primary seafood known for containing mercury.

