

Albert D. Lawton Cross Country 2009 Schedule

September 2nd – 4th: Cross Country Sign up

Monday, September 7th: First Practice

Friday, September 11th: @ EMS vs. EMS (tentative)

Friday, September 18th: Williston Invitational

Wednesday, September 23rd: @ Maple St vs. BRMS, EMS, HUNT, Charlotte

Saturday, October 3rd: @ Hardack Rec Fields – BFA Invitational (tentative)

Wednesday, October 7th: @ BRMS Invitational

Friday, October 9th: @ EMS Invitational

Monday, October 12th: @ Westford Glen Run

Wednesday, October 14th: @Maple St vs. Williston

Saturday, October 17th: @Colchester Invitational

Tuesday, October 20th: @ Shelburne vs. Chittenden County Championships